



Healing Crystal Singing Bowls and Reiki

Join us for an evening of
Healing and Peace.

The Setauket Neighborhood House

95 Main Street
East Setauket, NY 11733

Monday evening ~ once a month (please check the schedule for specific dates).

Time: 7:00 - 8:00 pm

Sound vibration and Reiki can be powerful tools in the healing process. They can be used as an adjunct to traditional and alternative health care procedures and treatments. Our body is like a musical instrument. When they are not tuned properly, a state of disease or imbalance occurs. During the course of our life, many emotional, mental, spiritual, and environmental factors interfere with our body's health.

The sound and vibrations emanating from the crystal singing bowls re-tune the listener's body by opening, clearing, and re-balancing each of the 7 major chakras, bringing harmony to the mind and body. When sound vibration and Reiki are combined, the results are beautiful, transformational, and profound.

Bring a yoga mat and pillow. Chairs are available for those not comfortable lying down.
Cost \$ 30.00

Facilitators: Susan Ferro RMT and Jessica Harris-Iannuzzi RMT

Please contact us with any questions and for information about group or private session.

Susan ~ 631-428-6971